

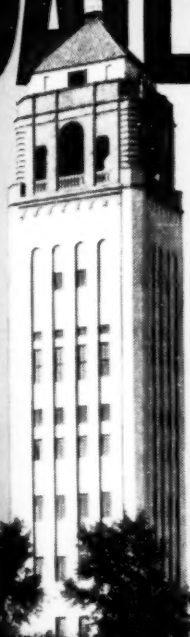
FEBRUARY, 1942

15 CENTS

DAILY WORD

A
UNITY
Publication

FOR EACH NEW DAY... THE RIGHT
WORD FOR YOUR INSPIRATION



Class Thoughts

January 20 to February 19

Daily at 11 a. m. join us in this thought
for spiritual illumination:

*Thou art the light of my life, and I trust in
Thy guidance.*

At high noon each day concentrate your attention
on this thought for prosperity:

*Filling my mind with thoughts of Thine
unfailing resource makes me see and
manifest prosperity.*

At 9 p. m. each night let us acknowledge the healing power
of Spirit with this prayer:

*My health springs forth speedily when I
trust in Thee.*

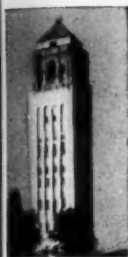
Silent Unity, the healing department of Unity School, is happy to minister to every person desiring help through prayer. Address Silent Unity, 917 Tracy, Kansas City, Mo. Compensation is by love offering.

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We also publish *Good Business, Prog-*

ress, Wee Wisdom, Unity, Weekly Unity, and Unity Sunday School Leaflet at \$1 a year each.

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DAILY WORD

Vol. 36

FEBRUARY, 1942

No. 2

EDITED UNDER THE SUPERVISION OF SILENT UNITY

Stately and tall, as pictured on the cover of DAILY WORD, the Unity Campanile or Prayer Tower directs the traveler to Unity Farm near Kansas City. Even so this little magazine daily directs your steps to the sun-tipped heights in whose glory you behold yourself as a son of God; for such you are.

WORK OF ART

Myrtle Vorst Sheppard

This day is mine,
A canvas given me by God
On which to paint
My own design.
My palette is the world.
For color I will dip my brush
Into the soft mists curled
About the mountain crags,
And for a brighter hue
I'll choose the blue of noonday skies.
I'll borrow from the sunset's glow
To trace the fairest pattern that I know.
And then before the evening lies
Upon the land I'll bend my knee
And glaze the whole
With gratitude of heart and soul
To Him who gave the day to me!

Let Your Light Shine!

PRISCILLA DRENNEN

THERE IS something in the promise of a new day rising full and brilliant that lifts our spirit and quickens in us a feeling of joy and expectancy. It adds a new impetus to living. It helps us to forget our problems. It revives our courage and gives us confidence to go forward. But what of those days when the sun is outdone by lowering clouds and our spirit seems to be enveloped in shadows that dim its lucid beauty?

Jesus Christ was thinking of neither bright nor cloudy days when He gave us the command "Let your light . . . shine." Of course it may seem simpler and easier to be radiant when the world about us is filled with sunshine and happiness and when order is the rule of our life and affairs. But we best prove our divine courage and spiritual strength when we radiate our light to the world on dark and gloomy days as well. "The day is always his who works in it with serenity and great aims," says Emerson.

In beginning any day, no matter how bright or dark it may seem, the first thing to seek is serenity and peace of mind. Jesus also gave us a word to encourage us in this effort: "Peace I leave with you; my peace I give unto you." It is necessary

e!
only that we take a few moments to turn within our own being to seek His presence of peace.

Many persons do this the first thing upon awakening. A few minutes of unhurried and luxurious silence spent in communion with God before starting the tasks of the morning change the whole outlook for the day. If we will give ten minutes, or even five, to the realization of the divine presence within, every thought, word, and act of our day will be illumined and blessed.

We have often heard that prayer changes things, but it is good to remember that prayer particularly changes the person who prays. If our prayer is devout and true, it quickens in us all that is inherent in our Christ nature. It gives us peace and poise, strength and new hope. It equips us with courage to approach the day's duties and problems in the spirit of victory, calls forth in us the light that penetrates the darkest shadow, and makes us luminous, positive, and powerful.

Upon leaving the morning rendezvous with God, if it has been sincerely kept, we are renewed and refreshed in mind, spirit, soul, and body. We know exactly how we are to use the day, and we go forward to meet it with alertness and anticipation, and we find in it unexpected pleasures and hidden joys.

Suppose someone criticizes you or seeks to

harm you? If you remain composed and tranquil, the unkind word or act cannot touch you. Instead there will be only love, understanding, harmony, and freedom for you and for the offender.

Suppose you have something to do that seems unpleasant or tiresome or unworthy of you? Remember that every task is worth doing well and cheerfully. Let your light shine! Put your very best into all that you think, say, and do. Just for one day let your aim be directed toward perfection, toward being Godlike in thought, feeling, purpose, and action. When you see how much more joyous and complete your life is, you will strive to make every day a day of light and serenity, of high aims and spiritual progress.

Remember to start your day with a quiet period dedicated to God. Into the bright days, pregnant with potential happiness and good, prayer brings even more radiance and joy. On the dark, gloomy days it so quickens the inner "light, even the light which lighteth every man coming into the world," that all clouds are vanquished and the omniluculent Christ Spirit emerges in its full glory and splendor, to give interest, direction, and purpose to your living. When you came into being as one of God's creations you brought with you the light of the radiant Christ. Let it shine to bless your own life and the world about you!

Wanted: God

BERTHA M. RUSSELL

A GLANCE at the want ad page of a newspaper will acquaint the reader with a cross section of the wants of the public. Houses, lands, positions, rooms, goods for exchange, and found articles, these are a few of the things listed as men's wants.

If we could only look into the hearts of men, what multitudinous wants we should find there; not so much the material wants that men seek satisfaction of through advertisements but the intangible wants that other persons cannot satisfy, the greater demands of the soul. If questioned, men would first agree that they want happiness, peace, success, harmony in their homes; but back of these they have one dominant desire: they want God.

I know, because I want God. I want Him more than anything else, and since I am not different from mankind in general, I feel confident that my desire is not different from the desire of others. I admit that there may be comparatively few who would readily acknowledge that they desire God above everything else, for they may not yet know that they do. There was a time when I did not know that it was God I desired, but as I grew in

understanding of myself I found that it was for God my soul longed, hungered, thirsted.

Then what is God that He should be so necessary to the fulfillment of my desire, of your desire? He is that highest good in each of us which enables us to detect the highest good in our fellow men, in the universe. He is love, and as I recognize Him in my own heart I recognize loving qualities in those I meet. He is the harmony that I find in my home, where other hearts are harmonized with me and with Him. He is the wisdom that enables me to act wisely in my business affairs. He is the justice by which I measure my judgments so as to deal with others as I would have them deal with me. He is the compassion that enables me to bless where I might condemn. He is power, and His presence fills me with fearlessness, courage, and a feeling of security. He is the life that prompts me to reverence my body as His holy temple and to keep it fit for His indwelling.

I repeat, I want God. Someone may say, "God is everywhere, and you have Him." That is true. I already have Him, and you already have Him; but when we fail to recognize Him we do not know that we have Him, and then we fail to enjoy His presence. Our real desire then is not only to have God but to know that we have Him and

to let Him express Himself through us. It is when we feel this seeming apartness from Him that we realize what David meant when he said, "As the hart panteth after the waterbrooks, so panteth my soul after thee, O God."

Once long ago a friend remarked to me: "Do you mean to say that you believe in God? I am surprised!" I permitted this remark to intrude upon my trust in God and to make me feel apart from Him. For days my world appeared gray to me; the very grasses and flowers seemed colorless.

Then I began to remember the times when I had prayed and received unmistakable answers to my prayers. Suddenly things were gray no more. "God was, and is, and always will be," my heart sang. It was as though a great sun had risen on my world, and I promised never again to forget that God lives, moves, and has His being in me, even as I live, move, and have my being in Him.

I believe that many persons are living in a colorless world, just as I did. I believe that if they will stop long enough to look deep within their hearts, they will find proof there that God is, that He lives, moves, and has His being in them. Then a great "Sun of righteousness" will rise on them, they will behold His presence in their fellow men, and they will behold His handiwork in the universe.

After all, man as a personal being is not sufficient unto himself. It matters not who you are or who I am, there come times when the most stout-hearted become as little children and long for the comforting words of a mother or the counsel of a wise father. It is then that we are most fit to enter the kingdom of heaven. We then have a teachable spirit, an eager mind, a receptive heart. We want God.

A woman who had sought employment for weeks and months finally sobbed one day, "What I want is God, that's all, just God." In reply a friend said to her, "Then think of your work as being God's work. Quit looking for your own as such, and look for His." That shed new light on the subject. Soon she found the most congenial work she could have wished for, a work strictly confined to God's service.

Yes, we want God, you and I; and as we want Him we are granted the fulfillment of our desire. We come into the consciousness of a kingdom within that is far richer than any without. We want to know that we are allowing the riches of God's kingdom to be made manifest in our life. And as we rise from the depths of mere personal desire to the heights of spiritual desire, we know that we are one with all that is good, all that is lasting, all that is of a truly great price.

Sunday

ABIDING IN SPIRITUAL CONSCIOUSNESS, I
PRAY THE PRAYER THAT AVAILETH MUCH.

WHEN I am in spiritual communion with God, in spiritual consciousness, I am in a state of constant prayer. My every aspiration ascends to my Father. He knows my every desire and gives to me, His child, all that I desire and need.

Living with God, I pray the prayer that causes good to be manifested. I bridge the gap between desire and fulfillment, between thought and manifestation. I live in that high mental and spiritual realm in which my blessings appear when I call them to me.

I know that I need not beseech nor beg God for what I desire. I need not ask and invite Him to show Himself to me and to manifest Himself in my life as the good that I need. I simply become receptive to His presence and feel Him expressing Himself in and through me.

Through prayer my aspirations ascend Godward; they reach the very heart of my being, where God reigns supreme.

✦ *I will pray with the spirit, and I will pray with the understanding also.*—I COR. 14:15.

Monday

FEBRUARY 2

I AM FREE FROM EVERY LIMITED BELIEF, BECAUSE I KNOW THAT THE POWER OF TRUTH RELEASES ME FROM MY EVERY BELIEF IN BONDAGE.

JESUS BROUGHT humanity the message of freedom. He found men and women bound by beliefs that limited them and linked them to evil, disease, and lack. He set them free by setting them free from the thought that bound them. He did this by giving them Truth.

How does Truth free us? It reveals the powerlessness of every false belief. Truth shows us that man is not subject to sin, disease, or poverty. Truth reveals man's spiritual identity. Man is beheld in Truth not as a slave to adverse belief, not as a creature in bondage to evil and disease, but as the child of God, free in the Spirit of God.

Cease to think of yourself as in bondage to persons or things or external conditions of any kind. You can be bound only by your adverse belief, and then only to the extent that you believe in bondage. Truth is your freedom. The power of Truth sets you free when you accept it as freedom.

✿ *He that was called in the Lord being a bond-servant, is the Lord's freedman.*—I COR. 7:22.

Tuesday

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I AM CONSCIOUS OF GOD'S ETERNAL LIFE
FILLING MY BODY WITH PERFECT HEALTH
AND WHOLENESS.

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GOD'S PURE life is filling my body with vibrant health. It permeates and penetrates every nerve, muscle, and cell of my body. Every organ functions in perfect co-ordination with Spirit.

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poverty.

Each day I cleanse my mind and my consciousness of all thoughts of fear, weakness, sickness, and inefficiency, and renew it with vital living substance. My body is strengthened and refreshed with thoughts of life and perfection.

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My lungs are filled with the purifying life of God. My heart beats in perfect rhythm with God. My blood flows freely in every vein and artery. My bones are strong and stable. Muscles, sinews, and tissues are perfectly knit together, strong, and flexible. My ears are keen, alert, and prompt to hear. My vision is clear, and my eyes see easily and distinctly. I recognize and accept perfect health, because God in me is eternal life and wholeness.

d-servant,

✿ *I will give unto him that is athirst of the fountain of the water of life freely.—REV. 21:6.*

Wednesday

FEBRUARY 4

GOD'S LAW OF ADJUSTMENT REGULATES ALL
THE AFFAIRS OF MY LIFE, AND ALL THINGS
ARE IN DIVINE ORDER.

THE PERSON who finds that his thoughts and affairs are disorderly needs to rely upon God's power to adjust and regulate all things. He needs to realize that the adjustment of Spirit, when relied upon, is mighty to bring about a complete change in affairs and to establish perfect order.

The individual who lives in spiritual consciousness has orderly thoughts. All his movements are in divine order. All that he does reflects the very order of heaven. His way is ordered aright. All things in the external world appear to be ordered in such wise as to give him peace, happiness, and success.

Adjust yourself to Spirit and all your external affairs will be adjusted. All things that concern you will come under the regulating, adjusting, orderly power of Spirit. You will truly sense and appreciate universal order and harmony. You will know what it is to live in unity with the very order of heaven.

✿ *Let all things be done . . . in order.*—I COR. 14:40.

FEBRUARY 5

Thursday

GOD'S LAW OF JUSTICE IS NOW MADE MANIFEST IN MY LIFE AND AFFAIRS.

I HAVE FAITH in God and in my fellow man. I believe that God's Spirit of justice is present within every person and throughout all the world, mighty to direct and govern every action and decision.

I now open my mind and heart to the full expression of God's understanding, patience, love, and mercy. I am loyal, trustworthy, tolerant, kind, and honorable in all my dealings. I give and expect justice. I receive the best.

Honesty is my policy, and my life is lifted up and blessed in all ways. Divine order and harmony are with me always, because God's presence abides with me and guides me in all matters.

I do not fear or anticipate injustice in any form, because I acknowledge and expect God's law of justice to operate fully in me, through me, and toward me, and through all persons and things.

* *And therefore will Jehovah wait, that he may be gracious unto you; and therefore will he be exalted, that he may have mercy upon you: for Jehovah is a God of justice.—ISA. 30:18.*

Friday

FEBRUARY 6

MY PEACE IS CONSTANT. IT IS UNLIMITED AND UNAFFECTED BY PERSONS, THINGS, PLACES, OR CIRCUMSTANCES. MY PEACE IS OF GOD.

I DO NOT think of my peace as depending upon external things. It does not come to me because of the state of things in the outer world but because of my understanding and recognition of the presence of God within me.

I give up the race idea that persons and things can make me inharmonious. I cease to think that my peace is limited to certain places or that I must be in certain localities in order to be peaceful. My peace is always with me, since God is always in my midst.

Peace of mind is now mine, since I am at one with Divine Mind. The peaceful thoughts of God fill my mind. I am harmonized in His presence and at peace in His light and understanding. Great peace fills my soul, and I know peace akin to the peace of heaven.

My whole being is filled with peace. My peace is constant, for I am ever in touch with God.

✿ *In this place will I give peace, saith Jehovah of hosts.*—HAG. 2:9.

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I GIVE UP ALL FEELING OF RESTLESSNESS AND
IMPATIENCE, AND I PATIENTLY TRUST GOD
TO MANAGE ALL MY AFFAIRS.

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I RECOGNIZE patience as coming from complete
trust in God. When I realize that He is bring-
ing good to pass, I cannot be restless and
impatient. I know that as I give up the belief that
things of the outer world can work against me I
become more firmly grounded in the realization
that God within me is mighty to do all things
well. Knowing this truth, I cannot become im-
patient about the outcome of my affairs.

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I am freed from all sense of restlessness, be-
cause I am now poised in Spirit. I abide in the
presence of Christ, the presence of peace and pa-
tience. I need not be concerned about the future,
for I know that my success is assured. I know that
good is now winging its way to me.

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Patiently trusting God and relying upon Him
in all things, I am confident that only the best in
life can come to me. I need not fear or be afraid
of what tomorrow may bring. I patiently trust
God. I am patient in all things.

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* *The Lord direct your hearts into the love of God,
and into the patience of Christ.*—II THESS. 3:5.

Sunday

FEBRUARY 8

THE SUNSHINE OF HEAVEN IS UPON MY PATH,
AND MY WAY IS ONE OF PEACE, LOVE, AND
SUCCESS.

I CANNOT be deceived about what is my path through life. I cannot be guided into ways of inharmony and failure. As a son of God my path is mapped out for me, and I am pleased to go the way that Spirit has chosen for me.

The light of heaven makes my way plain and easy. Every obstacle is revealed and brushed from my path. In Spirit there is no stumbling or confusion. The sunshine of God's love is around and about me as I go forth this day.

Peace, love, and success attend me. These are my ministering angels, my constant guardians. They are ambassadors of God. Wherever I go, there they are, ministering in His name and giving themselves unto me.

My path requires no detours into the wilderness of inharmony, fear, and failure. My way is a straight one and leads direct to the Father's kingdom. In my Father's house my reward is certain.

Going the way of Spirit, I go the way of harmony, courage, fearlessness, and success.

✿ *Commit thy way unto Jehovah.*—PSALMS 37:5.

Monday

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MY HEART IS FILLED WITH JOY, FOR I HAVE
FAITH IN GOD AND HIS GOODNESS.

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YOU CANNOT help but be joyous when you trust God to bring good to you through your every experience. This trust and confidence at the center of your being fills your mind and heart with peace. Every cell of your body responds to this feeling of joy, and performs its work perfectly, easily. Your whole body is harmonized, adjusted, and regulated through your joyous faith and confidence in God.

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Your faith in God and His goodness floods your mind with happy, loving thoughts that reach out to bless everyone you meet. You meet every experience with courage, fortitude, and joy because you know God's goodness is being made manifest through it. Through you the blessing of God's love goes out to the world to help dispel the darkness of hate and fear. You are a channel through which His peace and joy are established.

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Take note today of all the good that is yours and rejoice in it. Take time to be joyous.

7:5.

* *Ask, and ye shall receive, that your joy may be made full.*—JOHN 16:24.

Tuesday

FEBRUARY 10

GOD WORKS THROUGH MY HANDS, CONSTANTLY BRINGING FORTH PERFECTION.

EVERY movement of my hands is an expression of God power. I endeavor to make every movement mean something, be a part of actual constructive achievement. I eliminate idle gestures that only waste my energy and ability. I learn to work smoothly and deftly with my hands, knowing no task to be too trivial to be done well.

In all I do I work with God and God works with me, guiding my hands, lending swiftness to my fingers and strength to every muscle. No task can be given me that will be too difficult, for God is my silent but ever-active partner. Under His divine supervision I shall constantly improve in ability and increase the effectiveness of my work. I shall find better ways of doing old jobs and rejoice in opportunities to teach my hands how to do new work.

I will praise my hands for the good work they do, for the part they play in helping me to be a channel for the manifestation of God's will.

✿ *I will lift up my hands in thy name.*—PSALMS 63:4.

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FEBRUARY 11

Wednesday

GOD HEARS THROUGH MY EARS, CLEARLY
AND EASILY.

GOD HEARS through my ears at all times. I recognize my ears as being open channels through which I may hear good. I refuse to listen to evil. I hear only the good. My ears are in perfect condition, my hearing keen and quick. I praise and give thanks to God for the perfection of my hearing.

I rejoice in the harmony of all sounds that come to my ears. I hear the harmony of life ringing all around me. I detect beauty in ordinary sounds: in the rattle of pots and pans, in the drone of airplanes. I give thanks for the beauty of the great man-made music to which I may listen. I love the sounds of nature: the songs of birds, the wind in the trees, the grandeur of a mountain storm. I listen for all sounds of beauty and of harmony.

I refuse to accept any thought of imperfection of hearing. Instead I relax and know that God is hearing through my ears; consequently only perfection is possible.

* *The hearing ear, and the seeing eye, the LORD hath made even both of them.*—PROV. 20:12 (A. V.).

Thursday

FEBRUARY 12

GOD SEES THROUGH MY EYES WITHOUT
STRAIN OR IRRITATION.

GOD SEES through my eyes easily and clearly. My vision is perfect, and I perceive objects distinctly, both near at hand and far away. It is easy for me to see perfectly. There is no strain or irritation. I relax and let God do the work.

My eyes see only the good. They see good even in things that appear to be imperfect, because they recognize imperfection as unreality. I look for the good and perfect in all things and overlook all else. I find that for which I am looking.

I see an abundance of beauty. I recognize beauty in familiar, ordinary things as well as in objects whose sole purpose is to present beauty. I see beauty in people as well as in things, in the storms as well as in the peace of nature and life.

My eyes are perfect. I know this to be the truth, and I praise and give thanks that this is so. Seeming imperfections in my vision are instantly healed when I "let go and let God" see through my eyes.

✿ *And the eyes of them that see shall not be dim, and the ears of them that hear shall hearken.—ISA. 32:3.*

THE SPIRIT OF GOD SPEAKS THROUGH ME.

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OUR thoughts are conveyed to others through our audible expression of them. If we would remember that when we speak we give voice to God, we should find it easier to express ourselves in a clear, fluent, and beautiful manner.

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At those times when we feel at a loss for words we can realize a new power of expression by affirming, "It is not I speaking but the Spirit of my Father that speaks in me." This truth will free us from timidity and self-consciousness, from halting speech. Of ourselves we may not know exactly what to say or how to say it, but if we let the Spirit of God speak through us our words will be fraught with wisdom, with love, and with power.

beauty
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I see
storms

Let us thank God for the wonderful gift of speech. Let us thank Him for a clear and pleasing voice. Let us thank Him for the ability to put ideas into words so that others may share the wealth of ideas that is ours. Let us thank Him daily that His Spirit finds expression through us as words of Truth.

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A. 32:3.

* *It is not ye that speak, but the Spirit of your Father that speaketh in you.*—MATT. 10:20.

Standing Firm

LEARN to stand firm in the face of adverse situations. Stand firm in the consciousness of the power of God within you. Stand firm in the knowledge that you are mightier than any of the vexing situations of the world. Stand firm in the realization that Christ within you is mightier than adverse appearances.

What is the secret of standing firm? It is in gaining the consciousness that the power of God within us cannot be affected by outer appearances; in knowing the truth that in Spirit there is nothing to oppose us, since God is all in all; in finding within us the substance of Spirit that exists like a tower of strength in the face of opposing forces.

Turning to the concordance in the Bible we are directed to so many passages that are helpful in our standing firm that the Scriptures become a veritable textbook on the subject. Prominent in the Bible are these passages:

"Fear ye not, stand still." "Stand still and see." "The house of the righteous shall stand." "The word of our God shall stand forever." "By faith into this grace wherein we stand." "He shall be made to stand; for the Lord hath power to make him stand." "He that standeth stedfast in his heart . . . shall do well." "For in faith ye stand fast." "Having done all, to stand. Stand therefore, having girded your loins with truth." "That ye stand fast in one spirit." "That ye may stand

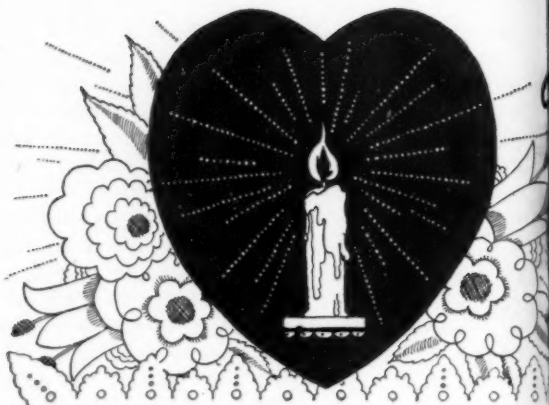
perfect and fully assured in all the will of God."

The conflict that one experiences in learning to stand firm is entirely upon the mental and spiritual plane; it is not a physical battle. The belief in the power of persons, things, and external circumstances must meet defeat by the truth that nothing of the external world can withstand the power of Christ within man.

Many persons do not stand firm in time of necessity because they think of the situation as one of peculiar importance and significance. How often we hear someone say, "Truth is all right in your case, but in my own there are so many conflicting situations that they cannot be transformed or corrected by meditation and prayer!" Just as if the nature of any situation gave it a power exceeding the power of God! Just as if one person's problem were more weighty than another's. The fact is that one person's problem is handled by the same means as is another's. Those who know how to stand firm in Truth do not waver because of the nature of their demonstration. God is never less powerful in times of emergency and stress than in times of peace and easy sailing.

Stand firm! Rise to the consciousness that there is something within you that is unmoved by things of the world. Find the power within you that is like a strong tower of defense, an immovable pillar. Enter into the high consciousness from which you cannot be swerved by things of the outer world. Know the truth that no

(Continued on page 26)



I make of love a lighted altar place
Where, heart full, hand full, I may kneel and give
The gentle frankincense of kindness,
Encouragement to help someone to live.

I make of love a snowy table spread
With bread of life throughout the changing days
That all may come who hunger, are athirst,
And there receive the nourishment of praise.



I make of love a garden
Where any heart may
May find the omniscient
I make of love the thing

The Loveliest Thing

ELIZABETH
BARR
HAAS

Make of love a candle on the sill,
And give the light of understanding shining clear,
That all who climb a steep and darkened hill
May see its glow and know that God is here.

Make of love light sandals for the feet
That have known weary wounds of rut and stone;
Make of love a meeting place of friends,
Companionship for those too much alone.

Love a garden a brook,
Your heart may cease from strife,
The omnipresent Christ within—
Love the best thing in life!



person or thing can take from you the all-conquering Spirit of God within you.

Stand firm! When you are faced with a belief in danger, contagion, or distress of any kind, stand firm in the realization that only the Truth of God is eternally true, the Truth of your own eternal being. When adverse beliefs seem to be stronger than absolute Truth, stand firm. You will be well compensated. You will be rewarded for your stand.

When your environment seems to be one of inharmony, when you are almost ready to despair because things of the world seem to crowd upon you, stand firm in your faith in the power of God, the good. Every thought that you give to believing in the power of evil but detracts from your ability to stand firm. Every belief that you entertain that harm can come to you is but a point in favor of the so-called adversity. On the other hand every belief in the power of God calls you away from beholding adverse appearances and brings you to a realization of the truth about the situation at hand.

Stand firm! When it would seem that you are about to be engulfed in failure and lack, stand firm in the consciousness of God's abundance. When money would seem to be lacking, stand firm in the truth that God's bounty is appearing. When you are deluged by urgent needs, keep standing firm. Every deluge must give way to the sun. Every need will be met. Every desire will be fulfilled.

Stand firm! If falsehoods seem more powerful than Truth, if the evil word seems stronger than the word of

Truth, keep standing firm. Every false note attests to the truth of harmony. Every discord serves but to magnify the beauty and concord of harmonious tones. Every evidence of falsehood, gossip, and malice becomes a guidepost to Truth.

Standing firm is but loyalty to Truth. Refusing to believe in the power of evil is simply loyalty to God, the good. Those who stand with God never stand alone, while those who take the stand for evil have nothing to stand with them and nothing in Truth to support them.

Even the thought of standing firm causes us to rise to the grandeur of our divine sonship. We feel something within us that is never touched by winds of chance and caprice. There is something within us that is never changed by outer conditions, something upon which we can always rely, something telling us that it is Spirit, eternal, immovable.

Those who stand with God, those who are loyal to Truth, those who stand firm when Truth is on trial, have nothing to lose. They shall see the power of so-called adversity rendered powerless; they shall see the haughty head of the Adversary bow before the might of God; they shall see the nothingness of that which has called itself something.

Why does this message of standing firm appeal to us? Because the Spirit of truth within us is witness to its truth. Standing firm is but taking a stand for God, keeping faithful and loyal to Him, bearing witness to His omnipotence, attesting to the appearing of Christ.—*Frank B. Whitney.*

GOD'S LOVE, EXPRESSING ITSELF THROUGH ME, IS UNSELFISH AND ALL-ENCOMPASSING.

PERHAPS we have heretofore allowed ourselves to express love toward others only as long as they have acted favorably toward us. But as we grow in the consciousness of love, we come to realize that divine love takes no account of the seeming shortcomings of others.

When Jesus gave the command "Love thy neighbor as thyself," He had perceived the necessity for becoming utterly unselfish in all human dealings and relationships. Our neighbors include persons of all races, all colors, and all creeds, whether we are separated from them only by a hedge or by a vast expanse of ocean.

If we are truly Christlike in consciousness, we shall desire and work for the good of all our fellow beings just as earnestly and lovingly as we desire and work for our own good. Only through the expression of divine love, the pure, holy, impersonal love of God, can universal peace, happiness, health, and prosperity be established in the earth.

* *Love one another: for he that loveth his neighbor hath fulfilled the law.*—ROM. 13:8.

A Lenten Fast

BY LOWELL FILLMORE

WHAT LUXURY or pleasure shall I give up during Lent that I may make room for a larger appreciation of Christ? Shall I forgo a meal a day or give up some delicious dish that I dote on? Shall I stay away from picture shows and parties? Shall I give up candy, meat, tea, or coffee?

Yes, make any or all these sacrifices if you wish; giving them up will not hurt you. Disciplining the sense man strengthens both body and soul if the discipline is not carried too far. But there are other and more important ways of fasting. We can fast from criticism, faultfinding, grief, anger, greed, lust, jealousy, egotism, and many emotions and thoughts unbecoming to a child of God. In place of these weak, human thoughts we can express more of the Christ consciousness.

While we are fasting from unworthy thoughts and emotions we should go about our daily routine of duties as usual, keeping in contact with our friends and associates. By doing all to the glory of God we shall not need to shirk a single responsibility. We can make our every act and our every word a testimony to Him. Our business

will be taken care of as usual while our inner service of Christ will bring a new spirit of praise and service and joy into the background of every business detail. Money will no longer be merely the coin of the realm; it will become a symbol of God's infinite substance. Each token that passes through our hands will be blessed and sent out upon a new mission of service to Christ. A letter written will be no more a mere business letter, even though it be composed of business terms and phrases in the usual way. It will radiate a new spirit of blessing and good will, which will bless and cheer all who touch it. Each meal prepared will be no longer just food for hungry bodies, but it will nourish the body of Christ. All lesser thoughts will be transmuted into the highest, and nothing will be commonplace or mean or unpleasant. All will be done for Christ, and His Spirit will open the way to a larger appreciation of life. By sacrificing our lesser thoughts we shall be preparing for the resurrection of Christ within us.—Reprinted from *Weekly Unity*.

The Lenten season opens officially this year on February 18, Ash Wednesday, and continues through the next forty week days, until Easter Sunday, April 5.

FEBRUARY 15

Sunday

I WORSHIP GOD IN SPIRIT AND IN TRUTH.

SO MANY great things have been wrought by man that whenever we hear of some achievement we immediately think of the man behind it. This is understandable, for it is natural for us to image that with which we are most familiar. Perhaps this is why we have formed the habit of thinking of God as a man. We know that a supreme Being created the world and all things, and our first impulse is to picture this Being as a man not unlike ourself.

Yet nowhere in the teachings of the Master is there mention of God as a person. Rather we are told: "God is Spirit: and they that worship him must worship in spirit and truth." "*There is one . . . Spirit . . . one God and Father of all, who is over all, and through all, and in all.*" "God that made the world and all things therein . . . dwelleth not in temples made with hands . . . he giveth to all life, and breath . . . in him we live, and move, and have our being." God as Spirit is present within all things, so there is no separation from His presence anywhere.

♣ *Whither shall I go from thy Spirit?*—PSALMS 139:7.

Monday

FEBRUARY 16

LETTING GO OF EVERY THOUGHT OF LIMITATION OR INABILITY, I SEE MYSELF AS I AM IN REALITY: THE PERFECT SON OF GOD.

NO SOONER do we learn that God is universal Spirit having expression in and through His creation than we find it necessary to change our ideas regarding the nature of man. No more do we see him as a weak, culpable creature, subject to every kind of adversity. We perceive instead that if the presence of God is in him he is more than flesh and blood, more than mortal mind and body.

The presence of the Spirit of God in us lifts us out of the realm of mortality and gives us a new status, that of a spiritual being, spiritually created, a true son of God. Knowledge of this Truth enables us to let go of any idea of insufficiency or imperfection. God is not limited in any wise, neither is His Spirit in us limited. We should never think of ourselves as limited in mind, body, or affairs, but should realize continually: I am a spiritual being, subject only to the perfection of the Spirit of God in me.

• *Ye are not in the flesh but in the Spirit, if so be that the Spirit of God dwelleth in you.—ROM. 8:9.*

Tuesday

I ABIDE IN A HEAVENLY KINGDOM, FOR THE
SPIRIT OF GOD PERVADES MY WORLD.

UNTIL WE understand that the Spirit of God is present in all creation, the world may appear at times to be an unsatisfactory and undesirable place. But when we know that God as Spirit is present within every created form, that His Spirit moves through every circumstance, lives in every individual, things appear different. We see that no obstacle is insurmountable, no unhappy circumstance unalterable; for the Spirit of God in each has power to correct and adjust.

Wherever the Spirit of God is, there is potential happiness, peace, wholeness, abundance. Is there any more than this to the "kingdom of heaven"? We do not have to wait, we do not have to change our present form, in order to enter into the heavenly kingdom. "The kingdom of God is at hand," "is within you," we are told. Let us go forward each day in the knowledge that our world is not a cold, cruel, material realm, but is transformed by the presence of God into a spiritual world filled with rich blessings for us.

• *The kingdom of God is nigh.*—LUKE 21:31.

I Will Keep Lent

BERNICE MINTER

I will keep Lent in this new-patterned way:

My fast shall be a chastening
Of inner realms of mind and heart,
So thoughts I think and words
I speak may not destroy or harm
But may uplift and bless.

I will let love direct my thought each day.

I will deny myself these graceless things:

The right to think of self
Alone; to harbor fear, or
Jealousy, or any ugly thought
That wounds or shuts the door
To love and peace and harmony.

I will probe deep to purge these hidden springs.

I will feast richly on the living word

So that my every hunger may
Be fed, each need of soul supplied.
Thus I shall discipline each
Vagrant thought and come to Christ
Renewed and purified:

I shall be ready for the risen Lord!

FEBRUARY 18

Wednesday

THE SPIRIT OF GOD IN ME CLEANSSES, FORGIVES, AND SETS ME FREE.

THE KNOWLEDGE of God as ever-present Spirit removes from our heart all uncertainty about forgiveness for past misdeeds, mistakes, or shortcomings. God as Spirit has no knowledge of sin, error, or imperfection.

If for any reason you feel that you have failed to measure up to your own or to established standards of thought or conduct, do not condemn yourself or feel unworthy of redemption. The Spirit of God is within you, and where the Spirit of God is there is freedom, forgiveness, love, grace, and perfection. Your "sin," if you think of it as such, is wiped out, for to the Spirit of God it never existed. You are ever the spiritually perfect son of God.

Do not waste time and energy repenting or grieving over the past. Forgive yourself, for God has already forgiven you. Release every thought of regret or condemnation. The Spirit of God is with you, not to help you relive the past but to bless you as you go on to new experiences.

• *Neither do I condemn thee.*—JOHN 8:11.

Thursday

FEBRUARY 19

THERE IS BUT ONE PRESENCE AND ONE POWER
IN MY LIFE: GOD, THE GOOD OMNIPOTENT.

THROUGH the years we have been attributing undue power to many things: to disease, to money, to war lords, to the elements, to individuals and circumstances that we believed might harm or thwart or adversely affect us.

In reality none of these things has power in itself. There is one supreme power existing within every person and working through every created form: the power of the ever-present Spirit of God.

Both good and evil cannot inhabit the same space. Thus wherever good is, evil cannot be present. Actually there is no evil present either in persons or circumstances. There may be a misuse of the life or wisdom or substance provided by God. But the fact remains that there is but one real presence, but one power in all the universe: the presence and power of God, whose Spirit interpenetrates all space and all things.

You cannot fear any condition, person, or situation when you know that there is only one presence and power in all: God, the good all-powerful.

✿ *The power of the Most High shall overshadow thee.*—LUKE 1:35.

Class Thoughts _____

TO BE USED FROM

February 20 to March 19

The affirmations on this page, known as the Unity class thoughts, are composed by Charles Fillmore for the purpose of providing central ideas upon which Truth students everywhere may concentrate during the month. You are invited to use them with Silent Unity not only at the hours specified but whenever you have opportunity.



At 11 a. m. use this thought for

ILLUMINATION . . . *The radiance of Thy Christ in me quickens, illumines, and inspires me.*

At 12 noon use this thought for

PROSPERITY . . . *Thy rich substance made manifest in Christ prospers me.*

At 9 p. m. use this thought for

HEALING . . . *Thy manifest word, Christ, quickens and heals me.*



The lessons on the following pages are based upon these class thoughts.

Friday

FEBRUARY 20

THE RADIANCE OF THY CHRIST IN ME
QUICKENS, ILLUMINES, AND INSPIRES ME.

IN THE 1st chapter of Colossians, Paul, speaking of his efforts to "fulfil the word of God, *even* the mystery which hath been hid for ages and generations," explains the mystery in this way: "Now hath it been manifested to his saints, to whom God was pleased to make known . . . the glory of this mystery among the Gentiles, which is Christ in you, the hope of glory."

Who or what is Christ? Christ is the name we give to the Spirit of God which has been implanted within man from creation, which lives in and moves through man. Christ is the Spirit that found such complete expression through Jesus of Nazareth that He became known as Jesus the Christed one, or Jesus Christ. Christ is God in action, the manifest Word, the "only begotten from the Father, full of grace and truth," the radiant divine Spirit in every man.

Through Christ in you you receive wisdom and understanding from God. Let His radiant presence within you quicken, illumine, and inspire you.

✿ *I am come a light into the world.*—JOHN 12:46.

Saturday

ME
ME.

THY RICH SUBSTANCE MADE MANIFEST IN
CHRIST PROSPERS ME.

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GOD HAS already given us access to His infinite store of rich substance through the divine ideas of plenty that He has instilled into our mind. If God substance were material we could shape it to meet our needs by using various kinds of tools. Since however substance is spiritual we must use spiritual means to shape it. The tools that we use are our mind powers, perception, faith, belief, recognition, praise, and many others.

God substance is already made manifest in Christ, and we are prospered to the degree that we perceive this Truth. This statement means simply that the greater our realization of substance and our faith in divine supply the more amply our needs are supplied through Him. We sometimes require more than money to supply our needs. Often we need love, praise, appreciation, assurance, courage, or new strength, and these attributes help us to demonstrate the things that we need.

God our Father prospers us abundantly.

✱ *God . . . giveth us richly all things to enjoy.*—I TIM. 6:17.

Sunday

FEBRUARY 22

THY MANIFEST WORD, CHRIST, QUICKENS
AND HEALS ME.

THIS SPIRIT of God which we call the Christ dwells within you as a mighty quickening, healing, harmonizing power. No condition of illness or imperfection can persist when you give your full attention and recognition to this Spirit and let it come into full expression in you and through you.

Christ is God in action, the Spirit that makes all things new. He is the manifest word of God referred to by the writer of Hebrews when he said, "God . . . hath . . . spoken unto us in *his* Son."

Through Christ God's word of health and wholeness is made manifest. He is your health. He quickens you. He stirs up in you new energy, new life. He gives you new courage, a new incentive for living. He heals you. He brings forth in you your divine perfection in all its glorious fullness.

This moment you are set free from the bondage of ill-health. You are healed, fully, completely, perfectly.

✿ *Let the word of Christ dwell in you richly.*—COL. 3:16.

FEBRUARY 23

Monday

GOD PRESENT WITHIN AND ABOUT ME IS MY
VERY PRESENT HELP IN TIME OF NEED.

YOUR HELPER is right at hand. You need not feel that help is denied you at any time. God present within and about you is ever ready to save you from danger, give you aid in time of need, help you in time of emergency. Never think of yourself as living without God, or think of His aid as withheld from you.

Do you crave deliverance from some adverse situation? Do you desire God's help? You can have it at any time. Clear from your mind all doubt, all belief that you must struggle alone. Rise to the realization that in Truth God is ever right at hand with you, ready to give His aid.

God is a very present help. He is ever present in your mind, body, and affairs. He is ever with you. The Hebrew name Immanuel means "God with us." There are those to whom this is a sacred word, and in times of danger and extremity they have felt God's presence just by breathing the sacred word Immanuel. They find Him an ever present help.

* *Behold, God is my helper.*—PSALMS 54:4.

Tuesday

FEBRUARY 24

I EXERCISE GOOD JUDGMENT IN ALL MY DELIBERATIONS BECAUSE I RECOGNIZE GOD IN MY MIDST AS THE SUPREME JUDGE.

THE ABILITY to judge wisely will help you discriminate between the desirable and the undesirable, between truth and falsehood. By good judgment you discern the real and the true—God! Your good judgment being of God, you are better able to recognize the works of God through its exercise. When you have good judgment you do not take the wrong step.

Recognizing God in the midst of you as your supreme judge, you always exercise good judgment. You know the good when it appears, and it cannot be evil to you. You cannot think evil thoughts and believe that they are of God. You cannot entertain thoughts of disease and think that they are God's will for you.

Good judgment gives you power to discern the good wherever it is found. You think the right thought and do the right thing. You do what is for your own highest good when you abide by the judgment of Spirit.

✱ *Execute the judgment of truth and peace in your gates.—ZECH. 8:16.*

FEBRUARY 25

Wednesday

I REALIZE THAT THE BLESSINGS OF GOD ARE
MINE HERE AND NOW.

WHEN YOU pray, when do you expect the answer to come? Do you think of your answer as limited by time? Do you believe that certain negative conditions in your life will slow down the coming of the answer? Do you think that God is limited by man's limited ideas about time?

You must realize that prayer and answer are one in Truth. There can be no separation between your desire and its fulfillment, between you and God. Your need creates a vacuum toward which rushes the omnipresent substance of God. You can see that your prayer is an anticipation of the good that is coming to you. Your desire is but a forewarning that God is sending a blessing to you.

Enter into the prayerful realization that you are one with God, unified with His blessings. Let no mortal thought cause you to believe that something can prevent or delay the coming of the answer to your prayer. In unifying yourself with God you identify yourself with all that He has.

♣ *All things are now ready.*—LUKE 14:17.

Thursday

FEBRUARY 26

I HAVE CONFIDENCE IN MYSELF AND IN GOD
IN THE MIDST OF ME.

THOSE WHO lack confidence have not found God. They have not found that inner security which steadies and establishes them. They lack the inner assurance that a consciousness of God's presence gives them. The self-confident have identified themselves with the higher self in them and through it have become confident of themselves.

When you lack confidence you fail to sense God's presence. If you neglect to confide in Him and unify yourself with Him, you have to stand alone and without the inner stability that His presence can give you.

Confidence in God gives us confidence in ourselves. We find that when we rely upon God we have no difficulty in relying upon ourselves. Realizing that He is ever with us, we cannot be timid or lack courage. His presence instills confidence in us. We feel that we have a power stronger than our own, and we are always confident, trustful, courageous, triumphant.

✿ *Jehovah will be thy confidence.*—PROV. 3:26.

ADVERSE THOUGHTS IN MY MIND NOW GIVE
WAY TO THOUGHTS OF TRUTH, AND I AM
ONE WITH THE MIND OF SPIRIT.

IN THE MIND of God, the consciousness of Truth, repose thoughts of peace, truth, light, love, health, and substance. When we rise out of thoughts of inharmony, adversity, hate, fear, disease, and lack, we enter into the consciousness of Truth.

Let us not think of God or of His mind as apart from us. Divine Mind does not send us thoughts. Its thoughts come to us through our inner consciousness. Our mind when purified of adverse thoughts thinks holy thoughts. We know God solely through our spiritual consciousness, for this is our link with Him, our means of identifying ourselves with His mind.

Do not think of yourself as having two minds. You may think many thoughts, but the same mind that thinks error thoughts thinks high and noble thoughts of God when dedicated to Him. You have ability to think opposites, to think of the opposite of Truth, but you need not do so.

✱ *I of myself with the mind, indeed, serve the law of God.*—ROM. 7:25.

I HAVE SUPREME FAITH IN THE POWER OF GOD, THE GOOD, WITHIN ME TO HELP ME THROUGH EVERY EXPERIENCE OF THIS DAY.

BY FAITH we lay hold of that deep, inner power which is God. We cease to have faith in the opposing so-called powers of the world, faith in things external to us, faith in adverse things. We discover that in Truth God alone has power, and we center our faith in Him.

If you are unhappy today, you are so because you believe in something other than God as having presence and power in your life. You can readily see that your faith is placed either in God or in an opposite.

We have supreme faith in God when we realize that in Truth there is nought but God, nought but good. As we develop this faith, we lose sight of the adverse conditions in which we formerly believed. We realize that in Truth there is but one presence and one power within us, God, the good. We cannot doubt His omnipotence when our faith has developed to the point where we cease to believe in external things and know that God is supreme.

✻ *Jehovah preserveth the faithful.*—PSALMS 31:23.

New Greeting Booklet for Easter

BY CELIA CAROLINE COLE

Breath of Immortality

Ready February 15



More and more people are remembering their friends at Easter with a spiritual greeting, a remembrance that lifts the one who receives it onto a new plane of thought and understanding.

This year the new greeting booklet will do just this, for it is written by Celia Caroline Cole and is called **BREATH OF IMMORTALITY**. It will make a lovely Easter gift for your friends, and will be a real inspiration to them all year long.

Other Greeting Booklets for Easter

Are You Getting All You
Want from Life?
He Passed This Way
Holy Bread
Joy Cometh
Life Is Consciousness
One Perfect Gift
Prayer of Prayers

The Challenge of the Dawn
The Great Helper
The Protecting Presence
The Song of Life
The Turning Point
The Way of Faith
Twenty-Four Golden Hours
Where Blessings Begin

All our greeting booklets are $3\frac{3}{4}$ by $5\frac{1}{2}$ inches and are sent with an Easter envelope. Only one cent postage is required to remail them to your friends.

Order your booklets now so you will have time to mail them to your friends before Easter. Price, 10 cents each, 12 for \$1.

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A Book for Lenten Study

Will you join Unity students everywhere in the observance of Lent by giving some time each day to prayer, study, and meditation? The Lenten season offers an opportunity for spiritual growth and unfoldment. The book **TEACH US TO PRAY** is an ideal book for study during this time. It explains the way to pray so that you may find close communion with God, and this helps you to bring your good into manifestation.

The lessons in the book include

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